

CATALYST

A TRANSFORMATIONAL LEADERSHIP JOURNEY THAT STARTS WITH A 3,4 OR 5 DAY PROGRAMME AT YOUR SCHOOL LED BY EXPERT COACHES FROM THE UK.

Designed to develop leadership skills, team work, and confidence. Students will join a global movement of socially conscious young leaders challenged to create a project that addresses the UN's Global Goals.



GLOBAL
SOCIAL
LEADERS

JOIN A GLOBAL NETWORK
OF YOUNG LEADERS!

FOCUS

GSL Catalyst is a transformational leadership experience developed by Future Foundations and the Wellington Leadership Institute

Participants will:

- **Develop** leadership skills
- **Explore** their passions
- **Build** confidence
- **Learn** how to design and implement a social action project that address the Global Goals

By the end of this programme, participants will develop skills to:

- **Work** collaboratively as part of a group
- **Exercise** critical thinking
- **Work** towards time-sensitive goals
- **Challenge** themselves and others
- **Translate** thoughts confidently
- **Communicate** with others effectively
- **Learn** creative problem solving techniques
- **Become** a conscious leader

TESTIMONIALS

"It was just amazing! Some of the best fun I've ever had. Just a suggestion, but 3 days was just not enough. It should have been for more days."

—JBCN Student

"I've had one of the most amazing experiences of my life and I now feel much more confident."

—Year 7 student,
Townley Grammar

"If you want to change something you have to be the first to change. You don't have to be dominant to be a leader. Public speaking is not scary you just have to breath and relax."

—Student, Wellington College Tianjin

LOCATION

YOUR SCHOOL OR VENUE

LENGTH

3,4 OR 5 DAYS

AGE

11-17

RESIDENTIAL OR
NON-RESIDENTIAL OPTIONS



SAMPLE ITINERARY

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
Know Yourself	From Good to Great	Seeds of Inspiration	Passion for Change	Make it Happen
<p>09:00 Welcome Plenary</p> <p>The Course Director leads an inspirational plenary that introduces the programme and its core objectives.</p>	<p>09:00 Morning Plenary</p> <p>Participants consider what leadership means to them, and explore the qualities of great leaders.</p>	<p>A visit to a site of interest.</p> <p>For example, Eden Project or a social action project. Timings will depend on the site. There will be activities designed in accordance with the site that introduce the Global Goals.</p> <p>Timings will depend on the site and subject to availability.</p>	<p>09:00 Morning Plenary</p> <p>The participants will learn about the importance of passion in helping to guide people's purpose in creating change.</p>	<p>09:00 Morning plenary & Personal Pledge</p> <p>An opportunity for participants to share their personal pledges and take the step towards turning their ideas into actions through taking personal responsibility.</p>
<p>10:00 Meet your Team</p> <p>Participants meet their coach & team and do a range of experiential team tasks to help them step out of their comfort zone and get into the right state of mind for the course.</p>	<p>10:00 Leadership Styles</p> <p>Participants will learn about different styles of leadership and explore the use of styles in relation to different contexts.</p>		<p>09:30 Passion for Change</p> <p>Participants identify their passions & explore how these can be a catalyst for change.</p>	<p>09:30 Make it Happen (Part 1)</p> <p>In small groups participants identify a problem they are passionate about and learn the Future Foundations project planning model.</p>
11:00 Break	11:00 Break		11:00 Break	11:00 Break
<p>11:30 Knowing Yourself</p> <p>Participants undertake personal development tasks to help them understand themselves better.</p>	<p>11:30 Lead by Example</p> <p>An experiential team task that will challenge the participants to learn about the importance of attitude and the need to lead oneself.</p>		<p>11:30 Current Scenario</p> <p>Participants learn about Global Issues and the United Nations Global Goals. They will explore the different levels of action and commit to a personal pledge.</p>	<p>11:30 Make it Happen (Part 2)</p> <p>A continuation and further in-depth planning session that includes presentation preparation.</p>
13:00 Lunch	13:00 Lunch		13:00 Lunch	13:00 Lunch
<p>14:00 Where are you headed?</p> <p>Participants explore what it is they want to do and where they want to go through a series of coaching exercises.</p>	<p>14:00 Leadership in Action</p> <p>Lava Challenge A team challenge session that develops their collaboration, communication and leadership skills.</p>		<p>14:00 The Challenge</p> <p>Participants explore the challenges that previous projects have faced by analysing case studies. They will examine common pitfalls and explore solutions through creative problem-solving.</p>	<p>14:00 Project Presentations</p> <p>Teams present their project ideas and plans for review by an external panel.</p>
15:30 Break	15:30 Break		15:30 Break	15:00 Break
16:00 Team Reflection	16:00 Team Reflection		16:00 Team Reflection	15:30 Closing Plenary
16:30 End of Day 1	16:30 End of Day 2		16:30 End of Day 4	16:30 End of Day 5

This is a sample day time non-residential programme.
Residential programmes include more activities.

Find out more by visiting our programme website:

WWW.GLOBALSOCIALLEADERS.COM/CATALYST