

**BUILT
TO
LEAD**

**PARTICIPANT,
TEACHER &
PARENT/CARER
HANDBOOK**

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 **BUILTTOLEAD**

 **@FUTUREFOUND #BTL2015**



S·A·B·R·E
CHARITABLE TRUST



 **PARTNER SCHOOLS
WORLDWIDE**



Thank you for your interest
in the Built To Lead
programme.

This handbook contains information on all aspects of the programme for participants, lead teachers and parents/carers. Further information is available on our website. Please do contact us if you have any questions.

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"Thank you so much for all the support you and your colleagues gave us when we were out in Ghana. I know that the girls and I had an amazing experience and I certainly feel even more confident that we will be able to strengthen our partnership in the course of the next academic year."

Nicky Jenkin, Teacher, Sir William Perkins School (PSW school partnership trip to Ghana)

An advanced social leadership programme for young people taking place in Ghana

Introduction to the programme

Built To Lead is an advanced social leadership programme that will take place in Ghana during the summer for students aged 16-18. It is an opportunity to learn new skills, contribute to community development and experience a different culture and way of life.

During an intensive two weeks the programme aims to inspire and enable the next generation of socially conscious students to lead themselves and others whilst contributing to community development in Ghana. The participants will use innovative and sustainable designs to create learning environments that will build a brighter future for school children in Ghana.

The programme has been developed by a unique partnership led by Future Foundations in partnership with Partner Schools Worldwide and the Sabre Trust, an education charity working in rural Ghana.

The rural communities Sabre supports are some of the poorest in Ghana. Many village schools lack even basic classroom facilities for their kindergarten pupils, and children are taught in make-shift shelters, private houses or simply under the shade of trees. Lessons are often disrupted by wind, rain and even stray goats! The Built To Lead programme consists of three elements:

- 1. Advanced Leadership Training** will develop participants' understanding and ability to lead themselves and others.
- 2. A Community Building Challenge** provides a real life opportunity for the participants to put their learning into action by working in teams to build sustainable resources.
- 3. Coaching and Reflection** led by Future Foundations coaches will help participants to interpret their experience and deepen their learning.

"Thank you for giving me an unforgettable experience and the greatest friends around the world."

Supawit Chochchowwat, Mahidol Wittayanusorn School, Thailand, Future Foundations participant

WHO IS BEHIND BUILT TO LEAD?

Future Foundations are delivering Built To Lead in partnership with **Partner Schools Worldwide** and the **Sabre Trust**.

Future Foundations' mission is to inspire young people to achieve their full potential and become leaders in their lives and society. Our vision is a society where all organisations are led by socially conscious people, with every young person making the transition into adulthood with the foundations they need for their future.

Future Foundations will manage the Built To Lead programme from start to finish, providing support to teachers, participants and our expert coaches will travel with your team and deliver the leadership programme in Ghana.

"We are so excited to be working in partnership with Partner Schools Worldwide who are leading the way in creating bespoke and sustainable development education programmes for young people in marginalised communities and to be supporting the work of the Sabre Charitable Trust, who are making an incredibly sustainable impact at the grass roots of the education system"

Jon Harper, CEO, Future Foundations

www.future-foundations.co.uk



Partner Schools Worldwide (PSW) supports links between secondary schools in the UK and schools in the developing world to create and sustain genuine partnerships that engage the participants, generate reciprocal educational value and mutual respect. As a Social Enterprise, PSW's costs are kept as low as possible. 10% of all income is donated to PSW's sister charity, the Sabre Charitable Trust.

PSW will manage the flight bookings, provide in country support and work with Sabre to deliver the Community Building Challenge with the support of participants.

"We are delighted to be engaging with Future Foundations and blending cultural learning with leadership development. The outcome for any intrepid participant will increase their sense of self, giving them more skills, knowledge and confidence to tackle the prejudices which so often inhibit our societies' understanding of each other."

Aubrey Malcolm-Green, Co-Founder & Trustee, the Sabre Charitable Trust and Managing Director of Partner Schools Worldwide

www.partnerschoolsworldwide.com



The Sabre Trust is an education charity working in rural Ghana to build a brighter future for marginalised and disadvantaged children. Its mission is to give young Ghanaians the best possible start to their education, enabling them to achieve their full academic potential and contribute to Ghana's future economic development.

"This innovative three-way partnership will greatly enhance the quality of learning environments at the kindergarten schools on our teacher training programme, and will offer the young people involved in the trips a unique opportunity to make a tangible and lasting contribution to Ghana's education system."

Dominic Bond, Managing Director, the Sabre Charitable Trust

www.sabretrust.org



This collaboration is what we believe sets Built To Lead apart as a programme that truly will be a once in a lifetime opportunity for all participants.

For further background on each partner, please visit the Built To Lead programme website, our partner websites or please contact us.

WHERE WILL THE PROGRAMME TAKE PLACE?

Future Foundations has selected Ghana as the location for our 2015 Built To Lead programme for five reasons:

1. We want to create a brighter future for school children in Ghana

Our partnership programme will enable Sabre to build more schools, upgrade other existing schools, and create learning environments that will build a brighter future for school children in Ghana whilst providing the programme participants with a leadership experience of a lifetime.

2. Expert knowledge of Ghana

Since 2004 PSW staff have been involved in the sale, preparation and delivery of schools trips, expeditions and projects in West Africa and Ghana. PSW has worked with over 3,000 school children. PSW prides itself on local knowledge and all UK staff have lived and worked in Ghana.

3. Established school partnerships

PSW has a very close working relationship with the Sabre Trust, whose partnership with the Ghana Education Service ensures that all Built To Lead projects are in line with the government's education reforms programme and are responding to local needs within a long term and sustainable framework.

4. A warm welcome in a new, different culture and country

Ghana offers a warm welcome to visitors with its captivating culture, cuisine and its contrasting lush tropical rainforest and stunning palm-lined coastline. Moving around the country is very easy and hassle-free, with good road infrastructure. Ghanaian people are very welcoming and the levels of crime, especially outside of Accra, are very low.

5. Cross-cultural exchange

Although over 80 languages are spoken in Ghana, English is the language of education and business. This means it will be easy for participants to communicate with local people and enables cross-cultural conversations and dialogue without major language barriers maximising the opportunity for cultural exchange and understanding.

Where will the participants and teachers stay and complete projects?

The participants will be based in schools in the Shama and Sekondi-Takoradi Districts of the Western Region. The schools will be allocated to each group by April 2015.

The participants and all staff will be camping in a local 'bush/field camp' in the village of the project(s) they will be working on during the programme. This will provide a real opportunity to be fully immersed in the community and to form a community within their own camp which is an integral part of the experience. All sites will have a lockable store room, kitchen area, washing/showering area, toilet area, camp fire and sleeping areas. PSW will provide team equipment for these elements and will advise on a kit list for what participants need to bring.



WHO SHOULD APPLY TO TAKE PART?

Built To Lead is an intensive leadership course for students aged between 16 and 18 who aspire to be leaders in their lives and society.

The eligibility criteria for participation are as follows:

- Committed to create social action change
- Aged between 16 and 18 by July 1st 2015
- Capable of taking part in physical activity over a two week period
- Culturally sensitive and willing to learn and reflect
- Exhibited leadership potential and willingness to step up to responsibility within school or local community
- Aspiring to be a leader within society in the future in the public, private or third sector

We ask every school to run an internal recruitment process supported by Future Foundations to select the most suitable participants for this programme. There are limited group and participant numbers for this programme. The programme course requires every individual to share a commitment to the values and principles of the programme and to fully participate in every element to ensure the maximum positive impact on every participant and on the communities in which we complete the Community Building Challenges. Students can contact us or their lead teacher if they have any questions or queries about their eligibility for this programme.



WHAT HAPPENS DURING THE PROGRAMME?

The Built To Lead programme consists of three main elements: Advanced Leadership Training, a Community Building Challenge and Coaching and Reflection.

1. Advanced Leadership Training

Through a programme of advanced leadership training designed by Future Foundations, participants will develop their ability to be a leader of themselves and others. They will learn about a broad range of topics including self-leadership, project management, cross-cultural awareness and leadership styles.

The training is highly interactive and is built around case studies, games and discussions. The training content is developed with input from a panel of leadership experts and is delivered by experienced Future Foundations coaches.

We believe that one of the best ways to learn something is by taking the theory, applying it in practice and then reflecting on how you and your team manage a practical application. This will be done in two ways, through experiential team tasks and through the community building challenges.

Throughout the programme participants will have the opportunity to step into leadership roles and to experience both leading others and being led.

2. Community Building Challenge

The Built To Lead teams will be involved in a range of small and medium scale projects to improve the learning environments of the kindergarten schools involved in Sabre's Transformational Teacher Training programme.

These government schools vary significantly in the quality of their indoor and outdoor learning facilities and the teams will help to make improvements which will enable the classrooms teachers to more effectively

introduce the government's new style of teaching and learning.

Example projects include building outdoor learning shelters and playgrounds, fitting thermal and acoustic roof insulation, installing innovative pivoting windows, and painting classrooms to improve light levels. All of these projects draw on Sabre's Building Better Schools programme, which is recognised for delivering some of the highest quality learning environments in Ghana.

Sabre Trust works primarily with rural communities, identified through joint needs assessments with the local education authorities and district assemblies. Each team will be allocated projects based on the local needs and progress on each of the projects Sabre Trust is working on.

3. Coaching and Reflection

Built To Lead is an intense learning experience. To maximise the learning and leadership development for participants we create time for coaching and reflection on each day of the programme.

Our experienced coaches will lead small group discussions where participants will consider what they have seen and learned and how to apply this in the future. They will also have one-to-one sessions with Future Foundations coaches that offer a chance to explore their personal goals.

Coaching is a critical leadership skill and as the programme progresses the participants will have opportunities to develop their coaching ability. They will be responsible for running reflective group discussions with their fellow participants, helping them to draw out the learning from their experience.

SAMPLE ITINERARY

Before departure

Destination:
Typically your
school

Day 1

Destination:
Accra

Day 2

Destination:
Project site

Day 3

Destination:
Project site

Day 4

Destination:
Project site

Arrive at departure point

In most cases, Built To Lead teams will gather the day before departure. This will be a chance to ensure before departure you have everything you need and enables the group to travel to the airport together the following day.

Arrive in Ghana

Check in to UK airport and arrive in Ghana after a 9-10 hour flight including transfer times. We will be met at the airport and transferred to our hotel for the night. There will be a little snack waiting for the group to fill any stomachs that might be empty! Water will be available for drinking and we won't waste much time on briefings but allow the group to settle down for the night.

Depart Accra and transfer to project site

We will have an early start to get on the road and out of Accra before the traffic gets too heavy. Along the way we will stop for breakfast. This journey will be spent discussing team roles and ensuring we are mentally prepared for our arrival at the project. The journey will take us 4/5 hours and will include a stop at PSW's local office to meet the team supporting the programme in Ghana. We will also visit a completed Sabre Trust Sustainable Kindergarten School to give you an idea of what the finished project will look like. This will be a unique opportunity to learn about how international charities operate on the ground and hear how your Community Building Challenge and donations are improving the lives of students in Ghana (every place on this programme includes a charitable donation to the Sabre Trust). After we have arrived at the project site and our accommodation, there will be a very quick introduction to key members of staff before we explore the surrounding area. The evening will be spent debriefing and relaxing.

Project work

First full day of focusing on your objective of being in Ghana! The morning will be focused addressing the task in hand, this will be determined by the stage the construction has reached and will require you to create a plan that you will implement over the next few days. The afternoon will be spent focusing on your Leadership Development Programme in the facilities around the project site led by Future Foundations. The evening will be a team challenge with your Future Foundations Coaches.

Project work

Project task implementation in the morning followed by Leadership Development Programme and a talk from a local business leader about the opportunities and challenges facing Ghana and its development. This is great chance to explore the complexities of being a business leader in a developing world context.

SAMPLE ITINERARY

Day 5

Destination:
Project site

Project work

Project task implementation in the morning followed by Leadership Development Programme and activity led by Future Foundations Coaches.

Day 6

Destination:
Project site

Project work

Project task implementation in the morning followed by Leadership Development Programme and a visit to the Teacher Training College who will be supporting the project we are working on once it is complete. These student teachers are the future of Ghana!

Day 7

Destination:
Project site

Project work

Project task implementation in the morning followed by Leadership Development Programme and evening activity with your Future Foundations Coaches.

Day 8

Destination:
Elmina, (castle,
port & salt mines)
Stumble Inn

Offsite adventure

A chance for us to explore some natural and historical sites. We will depart our base in Takoradi and head towards the town that boasts the first European settlement in sub-Saharan Africa – Elmina. The castle, fishing port and salt mines can be seen as they would have existed hundreds of years ago. From here we will stay the night at a local beach resort called Stumble Inn. After we have eaten, there will be a traditional dance and drumming group who will entertain as well as challenge you!

Day 9

Destination:
Elmina &
Kakum NP

Offsite adventure

Religion is a strong part of local culture and a visit to one of the churches in the community is a must. An African church service is not to be missed. We will visit a local church in the morning, and head to Kakum National Park for our rainforest adventure. The park covers an area of 145 sq miles of tropical rainforest. It is the only park in Africa with a canopy walkway. The 350m walkway connects seven tree tops which provide fantastic views of the rainforest. We will then head back to our project base in preparation for our final week.

Day 10

Destination:
Project site

Project work

We will start this week with the second task briefing and planning session followed by our Leadership Development Programme and supervised activity with our Future Foundations Coaches.

SAMPLE ITINERARY

Day 11

Destination:
Project site

Project work

Project task implementation in the morning followed by Leadership Development Programme and supervised activity with your Future Foundation Coaches.

Day 12

Destination:
Project site

Project work

We will start this week with the second task briefing and planning session followed by our Leadership Development Programme and tour of Takoradi Port which has now become the heart of Ghana's emerging oil industry.

Day 13

Destination:
Project site

Project work

Project task implementation in the morning followed by Leadership Development Programme and supervised activity with Future Foundations Coaches.

Day 14

Destination:
Project site

Programme Closeout and Celebration

Final day of the project will involve a review and reflection of your achievement. There will be a closing celebration event in the evening.

Day 15

Destination:
Flight

Final pack up and depart for Accra

The morning will be spent tidying up our accommodation before we begin our journey to Accra for an evening departure. There will be a chance to go shopping for souvenirs en-route but we must ensure we arrive into the Accra area before dark.

Day 16

Destination:
Home

Arrive into London airport

Arrive back in to London airport.



Please note this itinerary is subject to change. This may be due to reasons that are out of our control or because it is within the best interests of the group to do so.

HOW MUCH DOES THE PROGRAMME COST?

The programme cost for participation in Built To Lead is £2,495 per participant.

This is inclusive of:

- Flights to and from Ghana from a London Airport
- Pre-departure support from our UK team led by Future Foundations.
- Transfers and transport including airport pick-up and drop-off in Ghana.
- Accommodation and food (three meals a day plus refreshments) throughout the programme.
- All training, activities and participation in the Community Building Challenge.
- Leadership course in Ghana led by Future Foundations coaches
- Travel insurance
- Charitable contribution to Sabre Trust

PSW will make group bookings for flights departing from the UK. This will enable your group to travel together and provides maximum flexibility and ensures that the team all meet for their build up day before departure. PSW are a member of ABTA which means you have the benefit of ABTA's assistance and Code of Conduct and the flights booked by PSW are financially protected by the ATOL scheme.

The programme cost and flights are fixed at a total cost of £2,495.

This is not inclusive of:

- Entry visa (if required)
- Medication and vaccinations
- Spending money for souvenirs
- Cost of travel to agreed point of departure
- Changes to transportation costs

Payment Schedule

We understand that this is a financial commitment so we accept payment for the programme in installments. We also provide advice and support to help with fund raising for places.

	1st deposit*	2nd payment	Final payment
Value	25% £623.75	50% £1247.50	25% £623.75
Typical payment date	By December 1st	March 1st	May 1st

*First deposits are payable at the time of booking and are non-returnable. Please see our FULL BOOKING CONDITIONS for further details available on our website. Future Foundations will invoice the school for their groups' places.

Fundraising

We encourage all participants to take part in entrepreneurial fundraising to fund their participation in Built To Lead. Raising the funds for this programme is the first challenge which is an important developmental challenge and makes the programme itself so much more rewarding for participants who take the responsibility to raise the funds. We will provide ideas and inspiration for how participants can do this in a welcome pack they will receive upon booking their place.

Project Fundraising

Each group of students will be challenged to fundraise the cost of their project(s), this means that what you raise will go directly to paying for the resource(s) you will build in Ghana. Examples of resources are, a Playground, External Learning Space, Internal & External Painting of rooms, Sound insulation, Improved lighting and security, windows & doors or Furniture and storage. PSW's team in Ghana will identify what resources are needed by its partner schools and will cost out the items required to build the resources and will source the materials necessary. Typically a resource will cost between £1000 and £2000. We would therefore suggest each group aims to fundraise around £1500 which is approximately £50 per participant. In some cases, a school or business partner may sponsor part or all of this element.

GUIDANCE FOR PARTICIPANTS

We are delighted that you are interested in participating in this programme. We hope this guide will help you gain an insight into why we believe this is a programme that will change your life and will create a brighter future for the children of Ghana.

Six reasons why being part of Built To Lead will change your life:

1. Develop your ability to lead yourself and others
2. Make a sustainable contribution to community development in Ghana
3. Develop the skills needed for the future world of work
4. Opportunity to meet amazing people
5. Experience a different culture and way of life
6. Gain experience leading a team of peers to complete a real project

Built To Lead is a once in a lifetime experience which is unparalleled in its development. The unique partnership of three organisations who are leading the way in youth leadership development, school partnerships and sustainable development make this an incredibly exciting opportunity.

You can apply through our website, but your school needs to be registered first. So either ask a lead teacher at your school who shares your passion and desire to be involved in this programme to go to our website and click 'register your school', or fill in the expression of interest form on our website and we will be in touch with your school.

Further information about the programme is provided on our website. If you have any questions prior to your expression of interest or application, please do contact us using the details at the end of this handbook.

If you believe you are Built To Lead visit our website to find out more and apply now. Good luck!



GUIDANCE FOR TEACHERS

We are delighted that you have shown interest in sending your students on our fantastic programme. The following information guides you through how to book your school group.

Please find in this pack what you need to do to ensure that your students take advantage of this life-changing opportunity. We will support you every step of the way from initial meeting through to post-programme. Please work through these steps and let us know if you have questions or need any support by emailing us at: **builttolead@future-foundations.co.uk** or calling our office on **0203 4323 450**.

If you are interested in sending a school group on Built To Lead, please either call Shereez Dharsey on **0203 4323 450** or go to our website and click '**REGISTER SCHOOL**'. We will ask you to make a wave preference (based on dates) and based upon your likely numbers will either allocate your school to a wave or will help pair you with other schools.

A minimum of one teacher per ten participants must attend with the school group. One teacher place per ten students is included without charge (including flights). Where possible we encourage a teacher who plans to travel with the group to register your school and select your dates to ensure you can attend.

To ensure the best possible experience for each group, we are limiting the number of groups that can take part in Built To Lead at one time. We are therefore offering a choice of four waves and will liaise with you to agree the dates for your school prior to launch of recruitment. Please confirm your wave preference when registering your school. If you would like your school to travel outside of our wave dates, please contact the Future Foundations Built To Lead team to find out if this is possible. Alternatively, we can book now for dates in 2016.

Each wave is approximately **25-30 students**. This can be made up of one school or multi-schools with a minimum of ten students per school. In order for the wave to go ahead, we require a minimum of 25 students. If you would like to bring a smaller group from your school of less than 25-30 we can help you partner with another school or you can identify partner school(s) you already work closely with.

As this is a challenging programme in a different country with a different culture, we want to make sure that the students who attend are those who will benefit most from the programme. Therefore we would ask you to consider carefully who makes up your school group.

Please consider the following points and the eligibility criteria outlined:

- Is the student committed to social change?
- Is the student prepared for the challenging aspects of the programme?
- Is the student open to experiencing a new culture and way of life?
- Has the student visited or shown interest in visiting a developing country?
- Does the student have the capability to be a future leader?
- Will the student completely commit to the programme once selected?
- Is the student available for all the course dates?
- Is the student physically active and/or willing to commit to a fitness programme to ensure they are able to fully participate in the programme?

Once your school is set up on our website, please direct any suitable students to our website (**www. areyoubuilttolead.com**), and encourage them to apply by clicking on '**APPLY NOW**'. They will then submit an online form to us and we will confirm their places post the booking deadline.

We will share the applications with you and work in partnership with you to confirm places and a reserve list (if applicable). Once we have confirmed the students who will attend the programme, booking forms will need to be completed by participants and their parent/ carer and submitted back to us. We will liaise with you and directly with participants to complete the forms which will be made available on our website and posted to confirmed participants.

GUIDANCE FOR TEACHERS

15 steps to departure – we will support you every step of the way

Stage 1. Pre-Launch

1. Appoint a lead teacher who will travel with the group
2. Lead teacher to register your school on our website or by calling our office
3. Decide which wave you would like your school group to attend
4. Launch meeting at your school (we will visit your school to plan the launch)



Stage 2. Launch

1. Student applications for your school open - invite interested students to apply online
2. Invite other teachers to register to support the lead teacher and travel (one teacher place per ten students is free of charge)
3. Host an assembly or information evening led by Future Foundations (optional)
4. Select students and offer places



Stage 3. Programme Confirmation

1. Once places are confirmed we will invoice your school for the deposit for each place. Upon receipt of your group's deposit your programme is booked
2. Selected students and teachers to complete booking forms



Stage 4. Programme Build Up

1. Complete payments as per agreed schedule
2. Host parent/carer evening (optional)
3. Attend an induction for students and teachers
4. Participants and teachers to complete online training ahead of departure (all students and teachers)
5. Go to Ghana and have the experience of a lifetime

What is the role of a teacher on programme?

Teachers are critical to the success of the programme - you will have an important role in country, and we will prepare you for this. Further information about your role is outlined on our website. We believe you will have as life-changing an experience as the participants.

If you have questions about the programme or the application process, please contact the Built To Lead team.



GUIDANCE FOR PARENTS/CARERS:

We are really excited that you are considering sending your child on our programme.

We realise that this may be the first time they have travelled abroad without you so if you have any concerns that are not answered in this document, please contact our team by calling our office or emailing us.

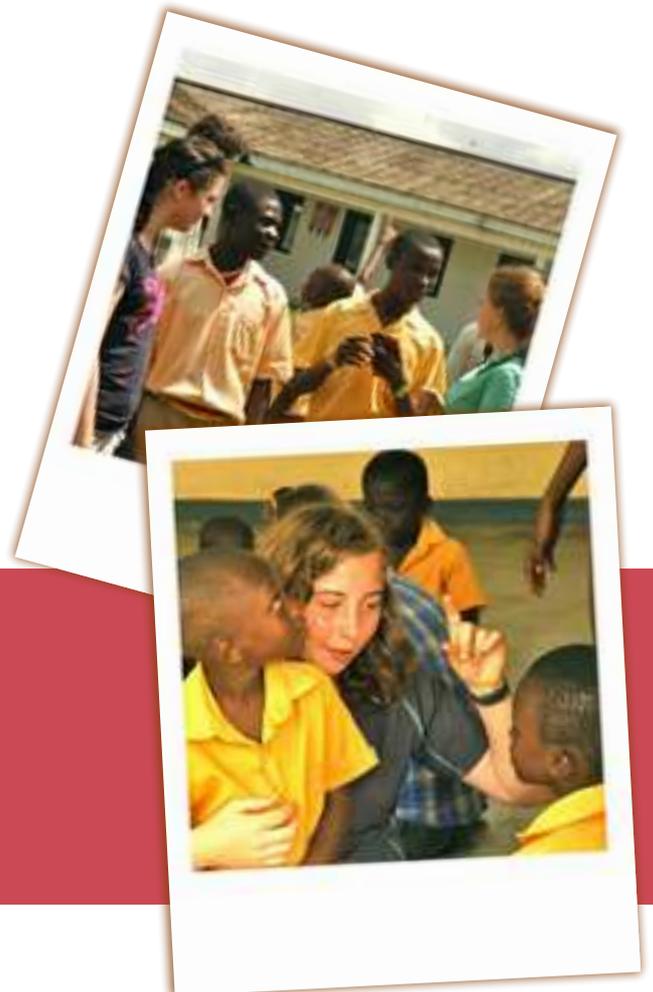
How does my child book a place?

In order for your child to attend this programme he/she needs to be part of their school group. If their school is registered with us, your child needs to apply on our website then the lead teacher will liaise with you to confirm your child's place and gain your consent. If their school is not registered with us, they will need to complete our expression of interest form online and we will be in touch with their school.

Future Foundations will take payment directly from the school to confirm the place, so this needs to be arranged depending on whether the place will be self or school-funded. If the financial commitment is a major barrier, please get in touch with us as soon as you can to discuss how we can help.

Frequently Asked Questions

We have a section on our website with answers to Frequently Asked Questions we receive. We will update this section with answers to questions we receive in the build up to the programme.



“Last night Ben referred to the programme as ‘life changing’ and said deciding to attend was the best decision he’s ever made. I second that, knowing the significant impact you’ve all made in Ben’s life”

Parent feedback of student attending the Future Foundations Global Social Leaders programme.

ENSURING SAFETY

Future Foundations takes the safety of all young people and staff involved in programmes very seriously.

Future Foundations designs and delivers a wide variety of one day and multi-day residential programmes for thousands of young people to help prepare them navigate the challenges that young people face.

All activities undertaken during Built To Lead have been designed and fully risk assessed to ensure maximum safety for all participants and staff. Future Foundations and associated staff are fully trained to observe safety procedures including Future Foundations' General Code of Practice and Child Protection Policies. For more information on how we ensure everyone's safety please refer to the '**Ensuring Safety**' section on our website.

Future Foundations will provide a staff ratio of 1 staff member to every 10 participant creating a ratio of 1 adult to 5 students including the free teacher places. During the Community Building Challenge and for key excursions PSW will provide further in-country staff. The programme will offer a safe and motivating space for participants to make the most of the support and mentoring. Team coaches are experienced and trained facilitators specialised in personal development for adults and children through key life stages. Biographies will be uploaded on the website prior to the programme.

Future Foundations has selected Partner Schools Worldwide and the Sabre Trust because of their expertise in managing safe school trips in Ghana.

PSW will offer the following support to the programme:

- Careful identification of potential risks and how we can mitigate them
- Before anyone travels anywhere, they are prepared through training available for school staff and students
- PSW will liaise closely with the Foreign & Commonwealth Office, High Commissions and our staff teams based in Ghana
- 24/7 support is available in Ghana through PSW experienced local and UK based teams (you are never far from help as all projects are within a couple of hours of the capital city and the PSW local office)
- 24/7 back up support is available from the UK, including international medical advice
- Comprehensive insurance for up to £10m

We will provide a detailed list of everything participants will need to bring in the Welcome Pack, including a packing list. Future Foundations and PSW will provide all other equipment necessary for the programme.

Do you insure personal belongings?

We are not able to insure personal belongings brought onto the programme. For this reason, we do not recommend that participants bring any expensive pieces of equipment or unnecessary valuables with them (e.g. mobile phones, jewellery and/or other electronic equipment). Participants do so at their own risk and Future Foundations will not be held liable in the event that any item or money goes missing.

Contact us

Please contact us using the below contact details if you would like any further information on the programme. Further information is also available on our website and social media channels.

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Project Director and CEO, Future Foundations*

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