



PREFECT LEADERSHIP

FUTURE FOUNDATIONS

ACHIEVE YOUR POTENTIAL



OUR VISION is a society where

- Every young person makes the transition into adulthood with the foundations they need for their future
- All organisations are led by socially conscious people

OUR MISSION is to inspire young people to achieve their full potential and become leaders in their lives and within society

OUR TRAINING PROGRAMMES focus on helping young people to:

- Develop the skills and confidence to take personal responsibility for their future
- Nurture passion for learning and life
- Become social leaders

Future Foundations (FF) is a UK-based training organisation committed to inspiring young people to achieve their full potential and become leaders in their lives so they can contribute their skills, talents and passion to society.

Our programmes focus on developing social leaders by nurturing young people's **future world of work skills** and through commitment to our **foundation principles**.

FUTURE world of work skills:	FOUNDATION principles:
<ul style="list-style-type: none">• Creativity / Enterprise• Self confidence• Risk taking• Energy / Motivation• Leadership	<ul style="list-style-type: none">• Take personal responsibility• Be yourself• Know Yourself• Find your talents• Contribute to society

Our FF network brings together our people and partners to create a community who share our mission and vision for society and are committed to sharing their experience, knowledge and resources.

We believe only through collaboration will we create a sustainable future where every young person makes the transition into adulthood with the foundations they need for their future.

OBJECTIVES OF PREFECT LEADERSHIP DAY



- Facilitates the development of the students' listening skills , awareness of their impact on others and styles of leadership
- Helps the students learn what it means to lead themselves and other people, and to be a role model
- Develops the organisation, time management and team work of the students creating a group that works well and supports each other
- Challenges the students take ownership of their role and share their vision for leadership with confidence, passion and authenticity
- Launces them into their role as leaders of the school in a memorable way

PROPOSED TIMETABLE



Timing	Session
09.00	Opening Plenary: Welcome, icebreakers (to ensure the correct intentions and energy are set for the day)
9.30	Team Task: Trust Fall (an exercise to immediately challenge their teamwork and trust)
10.30	Workshop: Self Leadership 1 (a workshop that develops their attitude and deep listening)
11.30	Break
11.45	Team Task: Raising the Bar (Putting listening and attitude choice in to action) <i>Followed by discussion: Challenges for prefect team in year ahead</i>
12.30	Lunch (and optional whole group photo)
13.30	Team Task: The Prefect Challenge (Putting skills into action - create and present an exciting, innovative solution to a school issue)
14:30	Peer presentation feedback and reflections on learning (taking a step back and seeing what they have learnt)
15.00	Closing Plenary: Feedback, Statements of action, & Closing Circle (the students leave knowing what they need to do)
15.30	End of day

SESSIONS SUMMARY



Session	Summary
Trust Fall	<p>Team members take turns in falling and catching each other as they fall backwards from a height of around 1m into the outstretched arms of the rest of the team.</p> <ul style="list-style-type: none">▪ Building confidence in yourself and others▪ Stepping up – stepping over fear▪ Team bonding / Trust building▪ Awareness
Self-Leadership	<p>To explore the importance of self-awareness in becoming a prefect</p> <ul style="list-style-type: none">• Young people have an understanding of the importance of self-awareness for successfully leading others.• The young people can identify the important Attitudes, Resources and skills for life in the sixth form.
Raising the Bar	<p>The challenge is for the whole team to lower a light pole to the ground, whilst everyone supports it underneath, all using both hands. No-ones hands may lose contact with the pole, and no-one is allowed to grip or push the pole downwards.</p> <ul style="list-style-type: none">▪ Cooperation and Coordination▪ Communication▪ Leadership – to get organized, to have one voice▪ Experience of flow▪ Recognize what is needed to perform a task (lower energy levels, 1 voice etc.)
The Prefect Challenge	<p>The task is to create a exciting, impossible-to-imagine, innovative, solution to a school issue.</p> <ul style="list-style-type: none">• Students are asked to identify a school issue.• They come together, agree on how to address the problem, then present their ideas in a 1m 30 presentation.

COST/CONTACT



INSERT TESTIMONIALS



To book this programme
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